By Zahaimi Abdullah Sani

About one hundred UniKL RCMP staff and students took part in the Blood Donation Campaign conducted by Hospital Raja Perempuan Bainun (HRPB) at the UniKL RCMP main campus. The two-day campaign was held on 4th and 5th January 2017 to help overcome the blood shortage at the HRPB Blood Bank and to get a ready supply of blood for the upcoming Chinese New Year festive season. Despite students having long break on the said dates, HRPB managed to collect 31 bags of blood from the college.
Bachelor of Science (Honours) in Pharmaceutical Technology

JPT/BPP (N/727/6/0092) 03/22, MOA PA 5346

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ROYAL COLLEGE OF MEDICINE PERAK

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Our Students Get Employed Even Before They Graduate

By Muhammad Anuar Bin Abdul Aziz

UniKL RCMP welcomed 2017 with the exciting news that six Diploma in Nursing students have been offered employment at Prince Court Medical Centre (PCMC), a leading healthcare facility located in Kuala Lumpur. The students are now in SEM-5 and will join PCMC after they complete SEM-6 and pass the Malaysian Nursing Board professional examination in July 2017.

On 19 December 2016, a group of four officials from PCMC led by their Director of Human Resource Management (HRM) and Director of Nursing arrived at the College at 10.00am and were greeted by Ms Chen Hoi Yen, the Nursing Coordinator. They went straight into business at 10.20am to conduct the pre-interview assessment test at the MPH.

The Nursing Department had earlier shortlisted 22 students who had met the criteria of CGPA of 3.30 or more set by PCMC to sit for the 35-minute written test. When the results of the test were announced later, only seven managed to score 65% or more to move on to the next stage of the process, the interview. The seven were then interviewed by the PCMC staff.

PCMC eventually decided to offer all the seven candidates and presented each with a conditional employment contract for them to take back to consider and discuss with their families/guardians and to return the document duly signed to the office of Director of HRM before 31 December 2016. As a sign-up incentive, each of them was promised a monthly allowance of RM550.

According to news that we received from PCMC, only six agreed to accept the offer while one decided against it. Prof Dr Noorzaid Muhamad, the Deputy Director of SDCL MeSRA revealed that the Director of HRM of PCMC had requested us to keep a close watch on those who achieve a final CGPA of 3.30 and above as PCMC may want to have a second look at them in July 2017.

Congratulations to Ms Chen and staff of the Nursing Department for their excellent in producing quality nurses at UniKL RCMP. Enquiries are indeed coming in from other private healthcare facilities as well. KEEP UP THE GOOD WORK OF MAKING OUR GRADUATES HIGHLY EMPLOYABLE.
A community engagement programme for the indigenous communities in Kuala Mu, Kuala Kangsar District, Perak was conducted by UniKL RCMP, UniKL MIAT and RCMP Alumni in collaboration with the Malaysian Relief Agency (Perak Chapter) and the Club 4X4, from the 29 to the 31 of December, 2017.

The objective of this activity was to provide medical as well as other forms of welfare assistance for the rural communities. It was also intended to expose our students to the experience of living with remote communities so that they could understand the problems faced by these people. The lack of basic facilities in such places cause severe hardship for the people especially during medical emergencies.

The students who participated in this activity were mainly from Aviation Technology, Medical and Pharmacy programmes. They were led by qualified doctors and physiotherapists from the UniKL RCMP Alumni.

The participants were briefed on the events so as to prepare them for the tough life they were going to endure. The next day the team departed by bus and van to Kg Baung near Kuala Kangsar, about an hour by road. They were accompanied by several four-wheel drive vehicles which were used to transport the team to the village of Kuala Mu through the timber tracks. We arrived at the village after two hours in sunny weather and were welcomed by the Village Headman, Penghulu Hadu.

The Orang Asli communities of Kuala Mu comprise of the Temiar tribes living in several villages headed by the Tok Batin. They are mainly subsistence farmers who grow bananas, tapioca, sweet potatoes and vegetables for their own consumption while they also grow cocoa and coconuts as cash crops to transact for essential household items.

As soon as they arrived, some of the students started preparing for the community programme the next morning while the rest of them went tracking in the forest guided by the Penghulu Hadu.

On the next morning, the Medical and Pharmacy students prepared for the mobile clinic at Kg Gepeh Hulu. The Tok Batin of Kg Gepeh Hulu gave us permission to conduct the mobile clinic at the village near the Rumah Siwang. The medical team registered the villagers, measured their height and weight and blood pressure as a screening for hypertension. Those with high risk for diabetes were screened for blood glucose as well. Some were given treatment for minor medical conditions.

Those with hypertension and diabetes were advised to seek further treatment from the nearest clinic or hospital. The medical team was well received by the villagers and the team managed to visit several villages where the children were given demonstrations of personal hygiene that included nail care and treatment for lice.

The students also conducted sporting activities with the school children and played tug-of-war with students and adults. Meanwhile, the cooking team prepared food for the villagers and the participants. We are thankful to all the donors for their contribution of food, clothing and educational materials.

The next day we woke up early and started preparing for the journey back home. The participants reached the destination at Kg Baung from where they were transferred to the waiting bus and vans that took them to Ipoh and Kuala Lumpur respectively.

The students gained useful experience staying in the Orang Asli village besides learning the importance of team work in overcoming obstacles and completing tasks. It was indeed an experience the students will cherish for a long time.

We wish to thank Dr Zailani from UniKL MIAT for his initiative in collaborating with UniKL RCMP in support of this programme. Our sincere appreciation to members of the Malaysian Relief Agency (MRA) and the 4X4 Club for their logistic support and the four-wheel drive vehicles and technical support.
Outreach Program for the Homeless

By Zahaimi Abdullah Sani

50 UniKL Royal College of Medicine Perak (UniKL RCMP) staff and students worked hand in hand with ‘Dapur Jalan’ a non-profit organization, in conducting a community program for the homeless and the under-privileged at Dato’ Sagor Ipoh Food Court recently.

Almost 100 homeless people turned up to collect cooked food and used clothes donated by the generous public. Food distribution started at 5.00 pm, though some people had gathered as early as 2 pm. UniKL RCMP staff and students organized an ice breaking session followed by a counselling session with the homeless. The students and lecturers also interviewed many of them to identify their health level and the treatment they have been receiving. Most of them were friendly and willing to answer questions while some were suspicious and moved away when the students tried to approach them.

Helvinder Kaur, Head of the Program and a senior lecturer of the college said that based on the survey conducted by UniKL RCMP with 100 homeless people, 68% are senior citizens aged 65 and above; 32% are aged below 50 years. In terms of gender, 95% are male and 5% are female. The primary cause of homelessness are: - 38% due to loss of job, 31% due to domestic violence and marital complications, 13% due to mental illness, drugs addiction and family feuds.

Health wise, 42% are seen to be having severe health problems, 32% are physically handicapped, 13% are being treated for mental problems and the rest are drug addicts.

Most of them stayed at the Urban Transformation Centre (UTC) and the Ipoh wet market so that they have easy access to the nearby clinic, easy to get odd jobs and have a roof over their heads. Studies show that 25% of the homeless sleep at shelter homes provided by the Welfare Department (JKM), 23% at friend’s houses, 14% in the five-foot ways and side alleys, 8% under bridges and the rest at other public places.

Nur Iman Abdul Wahab, Head of UniKL RCMP Corporate Governance Department believes that such community programs would expose the medical students to humanitarian activities and at the same time establish networking with other non-government and non-profit organizations in Ipoh. It also gives a platform for the University to conduct research, based on the needs and problems encountered by the homeless in the city. Currently, the number of homeless people in Ipoh is estimated to be approximately 200. This scenario, if not addressed, may in some ways jeopardize the government’s efforts in bringing eight million tourists to Perak during the Visit Perak 2017 campaign period.

Norul Aini Zakariya, a Pharmacy Lecture, expressed her hope that the homeless will get permanent housing with basic facilities as most of them are ageing and facing various health problems.

Other activities that were carried out on that day included distribution of toiletries items, and tips on basic hygiene such as washing hands. A warm up session was also conducted by UniKL RCMP medical students to cheer up the homeless.
Alhamdulillah! Praise to Allah Azza Wa Jalla for giving us the opportunity to organize our first CSR program. Special thanks to Tuan Haji Hishamuddin Omar CEO/Head of Campus of UniKL RCMP for approving the CSR activity at the Pertubuhan Nur Kasih Bestari Perak (PNKB), Kg. Selat, Bota Kanan, Bota, Perak.

The idea of organizing this activity was born when a generous book supplier, Bookline Services, donated primary school exercise books, magazines and story books to the Library. Initially, we were unsure about organizing this activity as this was our first attempt. A few meetings were held among the library staff and finally decided on the charity home to donate the reading materials. Pertubuhan Nur Kasih Bestari Berhad, Perak (PNKB) came into the picture. According to Puan Jannah, the manager of PNKB, the charity home housed 15 primary school children (all Muslim girls) aged 10 to 12 years old. Besides reading materials they are also critically in need of other basic necessities such as rice, flour, cooking oil, liquid detergents, clothes and many basic items.

Publicity regarding the donation drive was uploaded onto the email of postmaster and posters were put up all over the campus since 1st November 2016. Generous donors gave food items as well as cash donations. It was an overwhelming experience for us at the Zamani Learning Hub. The packing of all the goods and clothes we received, was done on Thursday 1st December 2016 at the library and we loaded all the goods onto the UniKL RCMP van the next day (2nd December 2016).

The event took place as shown below on 4th December 2016:-

- We arrived at 9.00 am as per schedule and were greeted by 10 of the girls at PNKB (5 of the girls had gone back to their hometowns as it was school holidays). The home is located at the main road along the Ipoh-Lumut highway and all the volunteers had to park their vehicles along the roadside.

- Puan Jannah, the manager of the house welcomed us, then most of the volunteers went into the house and were introduced to the girls at PNKB.

- The RCMP van arrived and volunteers unloaded the goods at the PNKB doorway.

- At 9.30 am, I introduced the team members from UniKL RCMP to all those present at PNKB and explained our objective of doing volunteering work at the home. Puan Jannah, then gave her welcoming address.

- At 9.45 am, on behalf of UniKL RCMP I handed over the sum of money donated by kind-hearted staff and students of RCMP as well as other individuals from outside. We gave a sum of money as a token of appreciation to one of the girls at PNKB, Khodijah Mohd Mukhtar, who had scored 5A’s and 1B in the recent UPSR examination. Pn. Jannah also had a special gift for Khodijah.

- At 10.00 am, the CSR activity began with Dr. Salina Redzuan (former UniKL RCMP student) conducting a health screening for the students. Miss Amirah and Miss Unwaniah, two Master’s students, had volunteered their services. They took the girls’ saliva samples and also did the BMI measurement for them, mainly for their research projects.

- While the health check-up and BMI measurement were going on, the volunteers brought all the goods and food items such as rice, flour, sugar, cooking oils into PNKB’s kitchen. There was a photography session showing the handing over of goods to Puan Jannah at the doorway of PNKB.

- 10.30 am there was a demo on the right techniques of brushing the teeth by Miss Amirah assisted by Miss Unwaniah and En. Shaharul Afendi (Medical Lab Technologist, from FOM) at the back of the house. At the same time the male staff of UniKL RCMP were busy cleaning the premise and ceiling fans of the house.

- At 10.45 am the girls were brought upstairs to their dormitories where Miss Amirah and Miss Unwaniah checked the girls’ hair for lice. Miss Amirah chose a girl and demonstrated how to use medicated shampoo to prevent lice. We supplied the girls with lice shampoo and shower caps each as a gift for them. Miss Amirah gave a talk on hygiene especially for the girls who had reached puberty and on how to handle strangers and protect themselves from being abused.
• At 11.15 am Miss Amirah assisted by Miss Unwaniah and some of the female staff conducted some indoor activities with the girls at the main hall downstairs:
  a) Colouring contest - a generous donor had given a set of colour pencils for the girls
  b) Crossword puzzle (in English)
  c) IQ block game (Miss Amirah brought a wooden block sets)
  d) Fun game; “Radio Buruk”.

The girls had a lot of fun and according to Puan Jannah, it had been a long time since the girls had received a visit by any group of volunteers who had organised such activities for them. While the indoor activities were being held, some of our staff had gone out to buy KFC for the girls. Puan Jannah mentioned that the girls had some co-curricular activities such as nasyid and I requested them to sing a few songs for us.

• At 12.30 pm our staff had come back with the KFC meals, and before we left, the girls performed two nasyid songs which nearly brought us to tears as the songs were about the state of the orphanage.

• We ended the day with a photo sessions with the girls at 1 pm.

It was indeed a memorable occasion for all of us. I would like to take this opportunity to thank all those who had donated in kind and cash to make this activity a success. Our special thanks to Miss Amirah and Miss Unwaniah who had helped us in most of the activities, Dr Salina Redzuan for the medical screening, En Ghazali of Corporate Com Unit for the photos, Puan Zahaimi for handing over the tokens of appreciation from Corporate Com Unit, Puan Syaidatul Akmar and husband for helping with the cleaning of the premise, En. Shaharul Afendi for helping with the teeth-brushing demo. We also like to thank Cik Nursyafikah Aziati and all the library staff and their spouses and family members who took part in this activity as well as En.Zikri, our Intern, who had helped us a lot.
MEDICS INTERVARSITY GAMES (MIVG)

By Rohaiza Mohd Mahyudin

Asian Medical Students’ Association (AMSA) Malaysia organized the 8th Medics Intervarsity Games (MIVG) 2016 on 10th and 11th December 2016. The MIVG was started in 2009 with the aim of promoting a healthy lifestyle among medical students. Its objective is to promote and foster inter-varsity relations across medical schools in Malaysia. In addition, this event encourages medical students to be balanced in the development of physical, spiritual, emotional and intellectual aspects of their education. UniKL RCMP participated in these games for the first time. The following chart shows our students’ involvement & achievements in the various events at the tournament.

<table>
<thead>
<tr>
<th>NO</th>
<th>STUDENT NAME</th>
<th>ID NO</th>
<th>PROGRAMME</th>
<th>EVENT</th>
<th>ACHIEVEMENT</th>
</tr>
</thead>
<tbody>
<tr>
<td>25</td>
<td>Nur Qistina Amalin binti Mohd Adnan</td>
<td>59211116080</td>
<td>MBBS</td>
<td>Women Basketball</td>
<td>4th Place</td>
</tr>
<tr>
<td>26</td>
<td>Siti Nurul Amni binti Mohd Rapi</td>
<td>59211114145</td>
<td>MBBS</td>
<td>Women Basketball</td>
<td>4th Place</td>
</tr>
<tr>
<td>27</td>
<td>Nur Syamimi Haziqa binti Adren</td>
<td>57260313067</td>
<td>MBBS</td>
<td>Women Basketball</td>
<td>4th Place</td>
</tr>
<tr>
<td>28</td>
<td>Nik aziz aziz bni nik aziz</td>
<td>57260313221</td>
<td>MBBS</td>
<td>Put shot &amp; Discus throw</td>
<td>4th Place (both)</td>
</tr>
<tr>
<td>29</td>
<td>Muhammad Shazwan bin Izhair</td>
<td>59211116014</td>
<td>MBBS</td>
<td>Track and field Men high jump</td>
<td>Silver Medal</td>
</tr>
<tr>
<td>30</td>
<td>Ahmad Imran Bin Ghazali</td>
<td>57260313081</td>
<td>MBBS</td>
<td>Men Basketball</td>
<td></td>
</tr>
<tr>
<td>31</td>
<td>Muhammad Alif Syakir bin Mohd Rosli</td>
<td>57260212154</td>
<td>MBBS</td>
<td>Men Basketball</td>
<td></td>
</tr>
<tr>
<td>32</td>
<td>Adam shukry bin Zauris</td>
<td>57260313029</td>
<td>MBBS</td>
<td>Men Basketball</td>
<td></td>
</tr>
<tr>
<td>33</td>
<td>Firdaus Syaqiq b Rosli</td>
<td>57260313033</td>
<td>MBBS</td>
<td>Men Basketball</td>
<td></td>
</tr>
<tr>
<td>34</td>
<td>Muhammad Aiman bin Aziz</td>
<td>57260313033</td>
<td>MBBS</td>
<td>Men Basketball</td>
<td></td>
</tr>
<tr>
<td>35</td>
<td>Muhammad Arsyad bin Muhammad Wira</td>
<td>59211116089</td>
<td>MBBS</td>
<td>Men Basketball</td>
<td></td>
</tr>
<tr>
<td>36</td>
<td>Amir Akashah Bin Ghazi</td>
<td>57260313101</td>
<td>MBBS</td>
<td>Men Basketball</td>
<td></td>
</tr>
<tr>
<td>37</td>
<td>Abu Syawaludin Bin Abu Hassan</td>
<td>59211115086</td>
<td>MBBS</td>
<td>Men Basketball</td>
<td></td>
</tr>
<tr>
<td>38</td>
<td>Mohd Reza bin Mohamed Abdiinazme</td>
<td>59211114142</td>
<td>MBBS</td>
<td>Men Basketball</td>
<td></td>
</tr>
</tbody>
</table>

The RCMP team in action

<table>
<thead>
<tr>
<th>NO</th>
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<th>EVENT</th>
<th>ACHIEVEMENT</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Ami Farah binti Amir Abdul Nasir</td>
<td>57260313265</td>
<td>MBBS</td>
<td>Singing solo</td>
<td></td>
</tr>
<tr>
<td>2</td>
<td>Muhd Haznil bin Abdul Rahman Raja</td>
<td>59214114043</td>
<td>MBBS</td>
<td>Singing solo</td>
<td></td>
</tr>
<tr>
<td>3</td>
<td>Lakesh Nair a/ Chandrashekaran</td>
<td>59211114139</td>
<td>MBBS</td>
<td>Badminton men double</td>
<td></td>
</tr>
<tr>
<td>4</td>
<td>Suvendran a/ Ramanathan</td>
<td>57260313281</td>
<td>MBBS</td>
<td>Badminton men double</td>
<td></td>
</tr>
<tr>
<td>5</td>
<td>Muhammad Nasirulazam Bin Nazri</td>
<td>5921414060</td>
<td>MBBS</td>
<td>Badminton mixed double</td>
<td></td>
</tr>
<tr>
<td>6</td>
<td>Nur Dienna Binti Mahadzir</td>
<td>59211114046</td>
<td>MBBS</td>
<td>Badminton mixed double</td>
<td></td>
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<tr>
<td>7</td>
<td>Maizatul Akhmar Binti Zamri</td>
<td>57260313150</td>
<td>MBBS</td>
<td>Badminton women double</td>
<td></td>
</tr>
<tr>
<td>8</td>
<td>Raihanah Azeema Binti Mohd Sharfri</td>
<td>57260313083</td>
<td>MBBS</td>
<td>Badminton women double</td>
<td></td>
</tr>
<tr>
<td>9</td>
<td>Muhammad izmail bin Mazallani</td>
<td>57260313274</td>
<td>MBBS</td>
<td>Bowling</td>
<td></td>
</tr>
<tr>
<td>10</td>
<td>Syaza binti Che Seman</td>
<td>57260313282</td>
<td>MBBS</td>
<td>Bowling</td>
<td></td>
</tr>
<tr>
<td>11</td>
<td>Helen Catherine Anak Kemei</td>
<td>57260313246</td>
<td>MBBS</td>
<td>Bowling</td>
<td></td>
</tr>
<tr>
<td>12</td>
<td>Nik Syed Ali Firdaus binti Nik Ahmad Zuki</td>
<td>59211115028</td>
<td>MBBS</td>
<td>Bowling</td>
<td></td>
</tr>
<tr>
<td>13</td>
<td>Muhammad Zuhri Bin Zainudin</td>
<td>57260213031</td>
<td>MBBS</td>
<td>Men Futsal</td>
<td></td>
</tr>
<tr>
<td>14</td>
<td>Mhd Fahmi Shauki Bin Ezani</td>
<td>57260313167</td>
<td>MBBS</td>
<td>Men Futsal</td>
<td></td>
</tr>
<tr>
<td>15</td>
<td>Khairuzan Hadi Bin Khairul Anwar</td>
<td>57260313267</td>
<td>MBBS</td>
<td>Men Futsal</td>
<td></td>
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<tr>
<td>16</td>
<td>Ahmad Khairulrauf bin Ahmad Razid</td>
<td>57260313026</td>
<td>MBBS</td>
<td>Men Futsal</td>
<td></td>
</tr>
<tr>
<td>17</td>
<td>Zul Husayni bin samsul bahar</td>
<td>57260211023</td>
<td>MBBS</td>
<td>Men Futsal</td>
<td></td>
</tr>
<tr>
<td>18</td>
<td>Amir Faisal Md Amir</td>
<td>57260313240</td>
<td>MBBS</td>
<td>Men Futsal</td>
<td></td>
</tr>
<tr>
<td>19</td>
<td>Muhammad zahir bin mohamed akib</td>
<td>5921114052</td>
<td>MBBS</td>
<td>Men Futsal</td>
<td></td>
</tr>
<tr>
<td>20</td>
<td>Muhammad Alif Syakir bin Mohd Rosli</td>
<td>57260212154</td>
<td>MBBS</td>
<td>Men Futsal</td>
<td></td>
</tr>
<tr>
<td>21</td>
<td>Helen Catherine anak Kemei</td>
<td>57260313246</td>
<td>MBBS</td>
<td>Women Basketball</td>
<td></td>
</tr>
<tr>
<td>22</td>
<td>Hamzah binti Omar</td>
<td>57260313074</td>
<td>MBBS</td>
<td>Women Basketball</td>
<td></td>
</tr>
<tr>
<td>23</td>
<td>Nur Khairun Nisa binti Muhammad Azman</td>
<td>59211116068</td>
<td>MBBS</td>
<td>Women Basketball</td>
<td></td>
</tr>
<tr>
<td>24</td>
<td>Aishah Sofia binti Mohd Farid</td>
<td>59211116016</td>
<td>MBBS</td>
<td>Women Basketball</td>
<td>4th Place</td>
</tr>
</tbody>
</table>
UNIKL MIAT SPORTS CARNIVAL 2016
By Rohaiza Mohd Mahyudin

The Campus Lifestyle Department of RCMP accepted an invitation from UniKL MIAT to participate in their sports carnival on 5 and 6th November 2016 at Stadium Bandar Baru Salak Tinggi, Sepang. A total of 10 students from RCMP participated in this tournament. This event is expected to become an annual UniKL event conducted by the Campus Lifestyle Department of UniKL (CL). The Event host will be selected by the Chancellery from among the various UniKL colleges. The following chart shows our students' achievements at this carnival.

<table>
<thead>
<tr>
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<th>ACHIEVEMENT</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Nurul Afiqueh Bt Abdul Basid</td>
<td>59104316018</td>
<td>Diploma Physiotherapy</td>
<td>Gold Medal (Women 400m)</td>
</tr>
<tr>
<td>2</td>
<td>Amar Hakimi Bin Yahaya</td>
<td>59104316154</td>
<td></td>
<td>Silver Medal (Long Jump)</td>
</tr>
<tr>
<td>3</td>
<td>Malizatul Amirah Bt Hishammuddin</td>
<td>59104316183</td>
<td></td>
<td>Bronze Medal (100m)</td>
</tr>
<tr>
<td>4</td>
<td>Dayana Hanani Binti Zolkiifi</td>
<td>59104315187</td>
<td></td>
<td>5th place (4x100m)</td>
</tr>
<tr>
<td>5</td>
<td>Nur Affah Bint B Abdullah</td>
<td>59104316117</td>
<td></td>
<td>4th place (Long Jump)</td>
</tr>
<tr>
<td>6</td>
<td>Adriana Natasha Bt Yusaini</td>
<td>59104316160</td>
<td>Diploma Radiography</td>
<td>5th place (4x100m)</td>
</tr>
<tr>
<td>7</td>
<td>Hanis Nadzirah Binti Zolkapli</td>
<td>59102316039</td>
<td></td>
<td></td>
</tr>
<tr>
<td>8</td>
<td>Muhammad Shazwan Bin Izzah</td>
<td>59211116014</td>
<td>MBBS</td>
<td>Silver Medal (High Jump)</td>
</tr>
<tr>
<td>9</td>
<td>Muhammad Afiz Bin Ahmad Nafiri</td>
<td>59211115022</td>
<td></td>
<td>6th place among 24 runners (5000m)</td>
</tr>
<tr>
<td>10</td>
<td>Siti Nuratisqah Binti A.Rahim</td>
<td>59105315274</td>
<td>Diploma Nursing</td>
<td>Bronze Medal (200m)</td>
</tr>
</tbody>
</table>

UniKL RCMP SPORTS CARNIVAL (URSC) 2016
By Rohaiza Mohd Mahyudin

UniKL RCMP Sports Carnival (URSC) 2016 is an annual event organized by the Students’ Representative Committee (SRC) in collaboration with the Campus Lifestyle Department (CLD). This carnival offers opportunities for students and alumni to mingle, socialize, share experiences and have fun by engaging in healthy sporting competitions among themselves. In addition, this carnival is an ideal platform for discovering new talents and potential candidates to represent UniKL RCMP in different sports at higher levels of competition.

The carnival was held on 16, 17 & 18th December 2016 with a total of 7 sports being contested. (Netball, men & women’s volleyball, men & women’s futsal, men’s basketball, badminton (men’s singles, men & women’s doubles). The various games were held at UniKL RCMP main campus, the Tasek campus, Fifole Futsal centre, Ampang Bowl Ipoh Parade & Kompleks Belia & Sukan, Ipoh (KBS). A total of 467 students & 13 alumni participated in this sports carnival.
Inculcating social entrepreneurship mindset and skills
By Osman Bin Ali

Background: Entrepreneurship is taught to all students of UniKL in their first year of study. Apart from the 3 credit class on entrepreneurship, medical students undertake five entrepreneurship projects throughout their 5 year MBBS program. The objective of these projects is to inculcate an entrepreneurship mindset in our graduates and diversify their interests for the future. Social entrepreneurship is introduced in their public health posting. Health and economic setting in private practice is done during the family medicine program. Innovating medical apparatus will be introduced during the orthopedic posting while taking high risk experience is done during surgery and medical entrepreneurship seminar in the medicine posting. The aim of this study is to evaluate qualitatively the impact of SE projects on the community in Perak.

Methods: Five social entrepreneurship projects (SE) were selected as case studies for the year 3 MBBS program (2014-2015).

The projects included:-
1. Do it yourself mosquito trap,
2. Efficient delivery system of village-based products,
3. Economic potential of handicrafts from seashells,
4. Marketing handicrafts using social media and mosquito repellent from lemon grass.

The results: All projects were successfully developed within a short period of time and were tested successfully in the field.

Case 1: Mosquito traps from recycled materials and local substances was cheap and easy to make.

Case 2: Introducing a delivery system to market local fruits from farmers was accomplished through the cooperation of FAMA (marketing agency) and state agencies.

Case 3: Marketing of handicrafts made from seashells was enhanced through effective promotion and marketing.

Case 4: Marketing of handicrafts made by disabled people using Facebook, Instagram and twitter was encouraging.

Case 5: Making and marketing mosquito repellents made from lemon grass.

Conclusion: The projects attracted interested parties from the community to commercialize it. Proper evaluation of the course of study is required to keep the course going and to make improvements.

Background
Two thirds of the world population is still in underprivileged areas, especially in Asia and Africa. People in this area are making efforts to improve their health status through the eradication of poverty, prevention of communicable diseases, improvement in environmental sanitation and personal hygiene and access to health care services. Despite these efforts people are still unable to overcome health issues in their communities, worse still they are now threatened by the rapid rise in non-communicable diseases. Currently, NCDs such as diabetes mellitus, hypertension, chronic obstructive lung diseases, and cancer are affecting 80% of older adults. Can social entrepreneurship help these people break this barrier and empower them to promote a healthy lifestyle? Social entrepreneurship is an initiative that uses entrepreneurial strategies to achieve social change healthcare, this often translates into the number of lives saved or the number receiving quality health care over a long period of time. Doctors who are trained in entrepreneurship probably will become facilitators or agents of change in this effort. They are well versed in medicine and health services, together with entrepreneurial knowledge and skills, and so they will be able to initiate programs that can provide long lasting solutions to people’s health concerns.

Methods
Five different social entrepreneurial activities (SE) from the year 3 MBBS program (2014-2015) were selected as case studies. The titles were:- 1. Do it yourself mosquito trap, 2. Efficient delivery system of village-based products, 3. Economic potential of handicrafts from seashells, 4. Marketing handicrafts using social media and 5. Making mosquito repellent from lemon grass.
Results

Case study 1:
Do it yourself mosquito trap (2)
Dengue and waste disposal are main health issues in this village (Sungai Terap, Kinta District) at this time, based on the quick appraisal conducted by students. Apart from the dengue campaign, students developed a do-it-yourself (DIY) project - a mosquito trap using disposable materials such as plastic bottles and newspaper. Villagers were trained to make this trap to support their dengue-control effort within the community.

Case study 2:
Efficient delivery system for village-based products (3)
Through the community survey, students found that cash income from the sale of fruits and vegetable was affected by inefficient delivery mechanism between the farmers and the marketing agencies such as FAMA. The students made an effort to develop the coordinating committee represented by the small business owner, FAMA and Rural Transformation Centre to facilitate the communication. They presented their business plan and long term plan and negotiated on behalf of the villagers. All parties agreed and were happy with the proposal and promised to work together for the benefit of the people concerned.

Case study 3:
Economic potential of handicrafts from seashells (4)
Based on a quick appraisal of local needs, students selected this project to improve the standard of living of the people in this village (Kuala Gula, Kerian District). The villagers were mainly fisherman and their main source of income was from fishing and related activities. Seashells were abundant as a waste product of the fishing activity. Students developed an idea together with local entrepreneurs to convert the seashells into handicrafts and sell them to the tourists who frequently visit this area. Interested villagers were trained in the skill to make this souvenir and supply them to the outlets manned by one of the villagers. Students also helped the outlet owner to market the products through Facebook and other social media.

Case study 4:
Marketing handicrafts of disabled people using social media (5)
One of the issues affecting the community was the lack of opportunities for disabled people to sell their handicraft. This project was developed to increase the sale of the handicraft and promote the community rehabilitation program for disabled people. The promotion was done by opening a booth during the health campaign and creating a Facebook account for marketing the products.

Case study 5:
Mosquito repellent from lemon grass (6)
Dengue is also a main health problem in this village (Kampong Sri Kinta, Kinta District). So, as a method of combating the dengue menace, students developed a mosquito repellent using a local plant, the Citronella sp or lemon grass (known as serai wangi in the local language). Villagers were taught the method of making this repellent aimed at supporting the campaign to control the spread of dengue within the community.

Discussion

Doctors today should be exposed to the reality of the expansion of knowledge and its relation to all other disciplines. Medicine does not just belong to the medical professional but is shared by all social disciplines. Many health issues are related to lifestyle, occupation, environment, and economic status which are socially determined. So new generation of doctors must be equipped with necessary skills to overcome the challenges of current and future health issues which can be more complicated and socially driven. UniKL/RCMP is taking an effort to fulfil its mission to produce graduates with entrepreneurial mindset and skills to be able to solve individual and community needs. By having the skills, graduate will be able to create more job for others and at the same time solve problems faced by the community. These include socio, economic, health and educational issues.

All case studies have shown that medical students must be able to assess the problems and needs of the community, plan innovative ideas, implement the intervention using appropriate business models and empower the people to accept and support the intervention. For sustainability, a program needs financial support from the community and continuous monitoring and evaluation.
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