Almost 1000 guests mostly UniKL staff and students attended the Majlis UniKL RAYA 2019 on Thursday, 27 June 2019 in conjunction with the UniKL RCMP Raya Celebration and the MBBS UniKL 2019 Pre-Convocation. This year UniKL RCMP was given the opportunity to host the celebration. The 2018 UniKL Raya celebration was held at UniKL MIAT in conjunction with the closing of USSC 2018. The first combined celebration was held in 2016 in conjunction with UniKL’s 15th Anniversary celebration at UniKL MFI and the 2017 event was hosted by the UniKL City Campus.

The event was officiated by YBhg Prof Emeritus Datuk Dr. Sukiman Sarmani, Chairman of Universiti Kuala Lumpur. Also present were YBhg Prof. Dato’ Dr. Mazliham Mohd Su’ud, President/Chief Executive Officer of UniKL, top Management of UniKL, staff members from the 12 campuses, MARA Perak staff, media members and UniKL RCMP strategic partners.

The distinguished guests in the multi-purpose hall were entertained by the hidden talents of staff and full-time students. Among them were duet performances by Muhammad Uwais Sobri & Muhammad Zulfirri Aminuddin with a song Pulanglah. Next was a Medley “Bersama Di Hari Raya /Suasana Hari Raya” by D’HusBand sung by 6 UniKL RCMP staff, followed by Mohd Nizam bin Mohd Amin rendering “Salam Aidilfitri” Jamal Abdillah’s popular song. The most awaited performance was from Syarifah Alawiyyah Syed Abu Bakar, year 2 MBBS student who played the song “Menjelang Hari Raya” made famous by the popular 1970s DJ Dave on her saxophone.

“I could play more song if I have the time to practice like I used to play during the IPMA Carnival recently. Perhaps another day I will perform more songs”, said Syarifah Alawiyyah

The highlight of the event was when City Campus was nominated as the winner of the most outstanding specialty corner serving LAKSA SARANGHAE. They took home a cash prize of RM2000.00.
Greetings from the Editorial Board

Dear Readers,

Greetings from the editorial board. I thank the Almighty for this opportunity to interact with our readers through this latest issue of the RCMP Newsletter.

Even though UniKL RCMP is a relatively young institution, we have shown our mettle through our achievements in successfully carrying out various activities that enrich the university as well as the community at large.

Indeed, the true measure of the success of a university or any other educational institution for that matter is how far it reaches out to the community that it serves besides contributing to the success of its own students and faculty. In that sense, I feel this university has done commendable work so far, and I believe it will continue to do so in the future.

It is right to say that the hallmark of a progressive educational institution is the amount of research that it carries out, as well as the kind of activities that it engages in, in pursuit of enriching and enhancing the community around it and the world beyond.

This is evident from the various activities that have been reported in this as well as in all the previous issues of this newsletter.

Charitable activities such as contributing to the welfare of the downtrodden within the community especially during celebrations such as the Eid festival is but one certain way of showing sympathy and concern for the under-privileged within our midst. Such outpouring of care and concern for the unfortunate and neglected sections of the community need to be ongoing and not merely as a once a year activity. It is commendable that the staff and students of the university have the compassion and concern to conduct such community-based activities which would have far-reaching effects on the people concerned as well as the institution itself.

It is often said in academics circles that you either publish or perish. In view of that it is heartening to note that our academic personnel are seriously engaged in academic research and we have been consistently scoring high marks as far as research is concerned. And the culmination of such activities is the endeavor to put together an international conference to showcase the research that had been carried out and to share such knowledge and information with people within and from beyond our borders. This was recently achieved through our 4th International Conference on Tropical Medicine and Infectious Diseases held in Kuala Lumpur. Syabas to the organizers.

This issue carries a lot more news and reports about various other activities carried out by our students as well as our staff. Have a pleasant time browsing through the pages.

Thank you

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119 MBBS UniKL Graduates to Face Real Challenge

By Zahaimi Abdullah Sani

It was a proud day for 119 graduates when they received their temporary certificates in a special Hippocratic Oath taking ceremony organized by the Faculty of Medicine, UniKL Royal College of Medicine Perak (UniKL RCMP).

The Presentation of Temporary Certificate and the Oath Taking Ceremony was held at Casuarina @Meru Hotel on Friday, 28th June 2019. The Hippocratic Oath was led by Dr. Jasminder Kaur A/P Hari Singh, a Malaysian Medical Association award recipient.

The Dean’s and Surgery award recipient, Dr. Sophia Sharom Nizar, in her valedictorian speech said she was thankful her hard work eventually paid off. “Studying at UniKL has opened a lots of opportunities I will never get elsewhere. I took an active role in clubs, organized events and experienced new things outside the scope of my studies. I do realize one thing that is not to limit our knowledge within the syllabus. To pass an examination is important but to learn new stuff is equally important.”
The President and Chief Executive Officer of UniKL, Prof. Dato' Dr. Mazliham Mohd Su'ud, in his keynote address congratulated the graduates for their excellent achievements in their Final Professional Examination.

He said: “The university is truly proud of you and what you have achieved, and we join your parents and loved ones in celebrating this special occasion with you. Today is a great time to feel good about accomplishing something that very few people do in their lives, which is graduating from a university as a doctor.”

“There are many people out there who wish to be in your shoes. It is you that Allah has chosen to become a doctor. Therefore, treat your patients with love, diligence, professionalism and humility. Listen and remember that many times you will need to listen more than you need to talk. You will be surprised that you can learn from your patients a lot more than you can learn from books if you care to listen.”

He reminded the graduates to prepare themselves to face the real challenge which will be totally different from the university environment. “I believe the two years' housemanship training at government hospitals will make you a mature and well-rounded practitioner.”

He expressed his hope that more UniKL graduates will follow Malaysian trainee surgeon Dr. Nur Amalina Che Bakri footsteps. She has accomplished many achievements and will go the extra mile to help others. Malaysia is proud to have her and Dr. Mazliham hopes to have more Dr. Nur Amalina.

The Oath Taking Ceremony continued with the presentation of awards to nine outstanding graduates in recognition of their excellence in academic and curriculum activities.

The graduates who received their special awards were Dr. Jasminder Kaur A/P Hari Singh (MMA), Dr. Nurul Huda Binti Ismail (O & G), Dr. Muhammad Yahya (Pediatric), Dr. Muhammad Danial Mohamad Rosni (Orthopedic), Dr. Muhammad Firdhaus Pazil (Primary Care), Dr. Theviyaah Thiagarajan (Mental Health) Dr. Nur Fitriati Azhani Fauzi (Public Health) and Dr. Wan Nur Adilah Wan Halim (Medicine).

Meanwhile, the Dean of the Faculty of Medicine, Associate Professor Syed Rahim Syed Hamid, in his speech advised the graduates to treat patients equally and humbly regardless of their status and race.

“My advice to you is be humble as you do not become any less of a doctor by being so. You will be working together as a team with different categories of healthcare workers. Do not look down on them as you are part of the team with one common goal which is the safety and wellbeing of your patients. Mutual respect is very essential. You will realize soon enough that you may learn a thing or two from them. Believe me, I did.”

Also present at the ceremony were Prof. Dato’ Dr Azanam Shah Hashim, Deputy President of International, Industrial & Institutional Partnership (IIIP); Puan Nor Zaini Abu Kassim (MARA Perak Director); Hisshamuddin Omar, CEO/ Head of Campus UniKL RCMP, Dr. Suresh Subramaniam, representing the Chairman of Malaysian Medical Association (MMA) Perak; Deputy Dean of the Faculty of Medicine RCMP, Associate Professor Dr Mah Kin Kheong, and Puan Haslina Tan Sali, representing the Director, Hospital Raja Permaisuri Bainun, Ipoh.

Antara aktiviti yang dijalankan adalah menyusuri perairan Kuala Gula dan Teluk Rubiah (Ban jau kau), Taklimat Konservasi burung Hijrah Kuala Gula oleh Jabatan Perhilitan, meninjau keadaan pembangunan dan kegiatan ekonomi Perkampungan Tersusun Kuala Gula iaitu Kampung Melayu dan Bagan Cina, serta petempatan pekerja Ladang Eng Tay yang kebanyakannya didiami oleh kaum India. Selain itu, para mahasiswa juga berpeluang melawat Tokong Cina Sam Po Tong yang menjadi salah satu tarikan pelancong luar ke kawasan ini.

Pensyarah penasihat, Ibrahim Ahmad berkata, walaupun bertujuan memenuhi silibus subjek Hubungan Etnik, program ini dapat membuka minda mahasiswa untuk melihat sendiri situasi kehidupan nelayan dan pembangunan fizikal di kawasan destinasi pelancongan ini.

“Saya berharap bakal-bakal doktor ini bukan sahaja dapat menyelami suasana kehidupan nelayan yang terdiri daripada pelbagai kaum, malah menambah pengetahuan berkaitan kepentingan memelihara dan memulihara alam sekitar yang juga berkait rapat dengan kesiapan”.

Bagi Meor Fahmi Anwar Meor Shahimudin beliau berbangga kerana dapat menyelami kehidupan masyarakat nelayan dan pekerja ladang kelapa sawit.

“Program ini dapat membuka mata saya situasi kehidupan masyarakat di luar bandar khususnya nelayan dan pekerja estet yang juga berperanan penting menyumbang kepada ekonomi negara. Saya amat berharap para pelajar terus mendapat pendedahan pada masa akan datang”, katanya yang juga pengarah program tersebut. Seorang peserta yang ditemui, Alia Nabila Mohd Zamri, berpendapat program ini memberi pengalaman baharu terutamanya kepada mahasiswa dari kawasan bandar.

Community Research & Innovation Competition 2019 (NRIC-CoRIC 2019)

By Dr. Mahendran Sekar

Nurin Fatini Ghazali & Puteri Zarith Sofea Yusri, 3rd-year B. Pharm students of the Faculty of Pharmacy and Health Sciences Final Year Project (FYP 2018-2019) won Second Prize in the Novel Research & Innovation Competition-Community Research & Innovation Competition 2019 (NRIC-CoRIC 2019) with their project ‘Nano-EMN for Cancer Drug Delivery’. They took home the Silver Award & RM 300.00 in cash. This prestigious competition is an annual Invention competition organized by Universiti Sains Malaysia (USM), Penang, Malaysia.

NRIC-CoRIC is a viva-oriented competition, in which the participants are required to present their ideas on how to make it a better world. The team with the most captivating idea will then be given a granted to make their idea a reality (Power of Idea). The judges evaluated the projects based on the Novelty, Invention, Creativity and Commercial Value of the product and its usefulness and application to overcome the current situations. The judges including representatives from the community, academician, and also representatives from the industries.

Congrats Nurin Fatini Ghazali & Puteri Zarith Sofea Yusri for the excellent achievement and for making UniKL proud. The students were guided by Dr. Mahendran Sekar.

Program Iftar Kasih Ramadhan (IKRAM)

Oleh Monarusnita Abu Bakar


Dari tajaan tersebut, penganjur berjaya memberi RM50 duit raya setiap seorang anak yatim dan sumbangan RM1000 kepada setiap rumah anak yatim. Setiap keluarga muallaf pula menerima RM500 sebagai sumbangan raya. Wang selebihnya akan digunakan untuk keperluan rumah-rumah anak yatim ini seperti pembelian baju raya, water cooler dan sebagainya.

Sumbangan telah disampaikan oleh Professor Dr Noorzaid Muhamad, Timbalan Pengarah Pembangunan Pelajar dan Gaya Hidup Kampus (SDCL).

Tahniah kepada semua yang terlibat
Chinese Paper Cutting Competition was held on 17th April 2019 at Universiti Kuala Lumpur, Royal College of Medicine Perak. This competition was organized by LEADS and Bachelor of Pharmaceutical Technology Semester 2 students as a Mandarin subject activity. 82 students from Diploma in Pharmacy (Semester 4) and Bachelor of Pharmaceutical Technology (Semester 2) took part in this competition.

The objectives of this event are to introduce Chinese traditional folk art to the students and to develop an appreciation of the Chinese heritage. Through this program, students were able to acquire some basic knowledge of Chinese Paper Cutting techniques. The event began at 2 p.m with an opening speech by General Studies Unit Coordinator, Pn. Monarusnita Abu Bakar. Next, Mandarin Lecturer, Mr. Tay Yang Lian gave a short introduction about Chinese Papercutting to the participants. He also demonstrated many samples of paper cutting and the students were excited to see the unique and complex paper cutting techniques including ways to cut Plum blossom.

The competition Started at 3.15 pm. Participants were only allowed to use materials provided by the committee such as red papers, mahjong paper, scissor and stick glues to design their work. After one hour, the participants completed their work amidst a lot of chatting and excitement. The judges Mr. Tay Yang Lian, Madam Monarusnita and Dr. Seow Lay Jing had a tough time choosing the winners as most presented their work very creatively. After much discussion among the judges, the Peony Group from Bachelor of Pharmaceutical Technology became the Champion. The Piaoliang Group was declared as the Second Place winner; Narcos Group was placed third. The Persona Group won fourth place.

Madam Monarusnita Abu Bakar and Mr. Tay Yang Lian gave away the prizes to the winners. Ms. Wong Siaw Wuei presented the souvenir to the judges. The event ended at 7p.m. The competition was a success as the participants enjoyed doing the paper cutting and were able to complete the tasks on time.
"Chinese Bridge" Competition 2019

By Tay Yang Lian

UniKL RCMP Students won the excellent awards prize at The 18th “Chinese Bridge” Competition 2019 (Malaysia Region), organized by Kongzi Institute, University of Malaya.

The Chinese Bridge Competition is an international contest organized by Headquarters of Confucius Institute/Hanban. It is well-known for its cultural and educational exchanges worldwide. The competition is held annually in 80 countries all over the world. It consisted of three series of tests including Public Speech, Q&A session and Chinese Talent Performance.

In Malaysia, Kong Zi Institute, University of Malaya is the main organizer for this event to select Malaysia representatives to participate in the Chinese Bridge Final Competition which will be held in China. This year, there were 30 participants from public and private universities all over Malaysia. All participants were non-native speakers of Chinese. The theme for this year is “One world, one family”. On 4th May 2019, three representatives from UniKL – RCMP participated in this competition. Nur Arifah Adlina binti Azman (MBBS Year 1) and Sarah Natalia Cheong binti Nazrin Cheong (Foundation in Medical Science) were awarded the excellent awards prize. Both of them received RM100 cash prize and certificate. Abdul Muhaimin bin Fathi (MBBS Year 1) was awarded the consolation prize of RM50 cash prize and certificate.

UniKL RCMP students had worked really hard to ensure their success. Huge compliments to our RCMP Mandarin Lecturers, Mr. Tay Yang Lian and Ms. Wong who for their continuous support and guidance in preparing the students for the competition.

Majlis Agama Islam Perak Sponsored 8 Students

For the first time, UniKL RCMP received 8 sponsored students from Majlis Agama Islam Perak (MAIP) for the Foundation in Medical Sciences program. The financial aid covers the duration of their studies and includes tuition fees and living allowance. The recipients were from the asnaf group with excellent academic achievement mainly in SPM 2018. Unlike diploma students, foundation program students in UniKL RCMP are not eligible for PTPTN or MARA loans. Foundation in Medical Sciences is a self-sponsored program.

UniKL RCMP would like to thank MAIP for providing financial assistance to ease the financial burden of these students. Congrats to all the recipients.

The sponsorship ceremony was held on 18 June 2019. UniKL RCMP was represented by Puan Nor Shuhila Yusof, Head of MESRA meanwhile Majlis Agama Islam Perak was represented by Puan Noorwahida Binti Abu Seman and Puan Nur Hidayu Binti Sakdon.
On 6th of April 2019, the Language Education and Debating Society of Universiti Kuala Lumpur Royal College of Medicine Perak organized The British Parliamentary Novice Debate 2019 at our city campus situated in the heart of Perak. This competition is held to give exposure to young debaters on the British Parliamentary Debating format. Besides, it is also to polish Malay and English debating skills among students and to make Malay Debate on par with English debate. The project managers for this event were Syarifah Alawiyyah binti Syed Abu Bakar and Sharifah Nadhirah binti Syed Azmi.

The competition attracted 24 teams for the English category which is represented by UniKL RCMP, UniKL Malaysian Institute of Marine Engineering Technology (UniKL MIMET), UniKL Malaysian Spanish Institute (UniKL MSI), UniKL Malaysian France Institute (UniKL MSI), INTEC Education College (INTEC), International Baccalaureate of Malay College Kuala Kangsar (IB MCKK), Universiti Tun Hussein Onn Malaysia (UTHM), Tenby International School, Politeknik Ungku Omar (PUO), and a team which is specially invited from University of Brunei Darussalam (UBD). For the Malay Category, there were 12 teams from UniKL RCMP, UniKL MIMET, UniKL MSI, UniKL MFI, UTHM, IB MCKK, University Sultan Azlan Shah (USAS) and International Islamic University Malaysia, Kuantan (IIUM KUANTAN). In this competition, each team went through 3 preliminary rounds. In order to qualify for the final round, they needed to be the top 4 of the overall rank after the preliminary round. UniKL RCMP, UTHM team A, UTHM team B and IB MCKK managed to reach the final round, while for the English Category, UniKL RCMP, IB MCKK, PUO team A and TENBY team 2 managed to book a place in the final round.

The 3rd Runner Up brought home cash prize of RM 300, a trophy and an achievement certificate, the 2nd Runner Up brought home cash prize of RM400, a trophy and an achievement certificate. The 1st Runner Up, on the other hand, brought home cash prize of RM 600, a trophy and an achievement certificate. The champion, won a cash prize of RM 1000, a trophy and an achievement certificate. For each category, the best speaker was given RM 100, a plague and voucher sponsored by Tower Regency Hotel Ipoh.

The champion of the British Parliamentary Novice Debate for the Malay Category was IB MCKK represented by Muhammad Haikal bin Mansor and Muhammad Sirhan Sidqi bin Abdul Aziz. The 1st Runner Up was UTHM team B, followed by the 2nd Runner Up won by UniKL RCMP. The 3rd Runner Up was UTHM team A. In the English Category, the champion for the British Parliamentary Novice Debate was also from IB MCKK represented by Muhammad Hilman Hanafi bin Harold Kefli and Aliff Ridzuan bin Mohd Khalil Alkhusairi. The 1st Runner Up was PUO team A, followed by the 2nd Runner Up won by UniKL RCMP. The 3rd Runner up was TENBY team 2. The best speaker for Malay Category was Muhammad Haikal bin Mansor while the best speaker for English Category was Muhammad Hilman Hanafi bin Harold Kefli both from IB MCKK. The closing ceremony was graced by Mr. Muhammad Iqbal bin Samadi, Head of Student Development Department of UniKL RCMP.

By Farah Ayuni Ramlan
UniKL RCMP telah dilantik sebagai Amil oleh pihak Majlis Agama Islam Negeri Perak (MAIPk) sejak Disember 2012 lalu.

Kini setelah lebih daripada 5 tahun JTAZUR diwujudkan bagi menguruskan tabung amanah zakat UniKL RCMP, hari ini berpeluang mengadakan Majlis Ramah Mesra bersama penerima-penerima bantuan dari zakat UniKL RCMP. Penerima-penerima bantuan zakat ini adalah terdiri daripada kalangan Kakitangan dan pelajar-pelajar yang terdiri daripada pelbagai program termasuk MBBS, Kejururawatan, Farmasi, Fisioterapi dan Radiografi.

Dengan hasil kutipan zakat, melalui potongan gaji Kakitangan, JTAZUR berusaha mengagihkan kutipan mengikut kategori asnaf dan had kifayah yang telah ditetapkan. Kini lebih daripada 80% bantuan yang disalurkan adalah terdiri daripada pelajar dan selebihnya dari kalangan kakitangan. Lebih daripada 300 orang pelajar yang telah menerima bantuan ini adalah daripada kategori asnaf miskin mendapat bantuan elaun sara hidup bulanan dan juga bantuan perbelanjaan buku dan bahan peralatan pengajian. Bantuan ini juga disalurkan kepada Kakitangan yang layak.

Turut membantu adalah dari segi pembekalan makanan (food campaign) di penginapan pelajar, di dalam kawasan kampus serta menaja program-program pelajar di dalam dan di luar UniKL RCMP termasuk program CSR di perkampungan orang asli, rumah-rumah anak yatim serta di rumah-rumah orang tua. Selain daripada itu, tidak lupa juga membantu mengimarahkan setiap tahun bulan Ramadhan dengan mengadakan ceramah-ceramah dan juga majlis iftar dipelbagai peringkat serta program korban juga diadakan pada setiap tahun.

Terima kasih kepada Prof. Dr. Osman Ali, Pengerusi JTAZUR dan semua ahli jawatankuasa yang telah mengendalikan pengurusan Zakat UniKL RCMP sejak 5 tahun yang lalu.
Conference on Tropical Medicine Helps Reduce Mortality and Morbidity

By Zahaimi Abdullah Sani

The 4th International Conference on Tropical Medicine and Infectious Diseases with the theme: “Combating Emerging and Re-emerging Infectious Diseases through Exploring New Frontiers in Research” was held at Premiera Hotel Kuala Lumpur recently. This conference provided a great platform for Malaysia and international medical experts to exchange ideas and opinions apart from sharing their research findings on tropical medicine.

The event was attended by speakers and participants from 17 countries namely Malaysia, Cuba, Vietnam, Indonesia, China, USA, England, Hong Kong, New Zealand, India, Armenia, Bangladesh, Belgium, Iraq, Tanzania and Myanmar. Twenty speakers shared their valuable insights on emerging disease and re-emerging diseases in their respective countries and focused on their management.

Her Excellency Ibete Fernandez Hernandez, Ambassador of the Republic of Cuba in her keynote address congratulated the Faculty of Medicine Universiti Kuala Lumpur Royal College of Medicine Perak for organizing this biennial conference. She said, “We need these types of conferences. It helps us reduce deaths, disabilities and economic destruction caused by emerging and re-emerging infectious diseases and brings world expertise together”.
She urged all the scientists and medical experts to work hand in hand to combat the diseases. “I believe everyone needs to play significant roles and be game changers in battling these diseases as our life takes us on a continuous journey while unravelling our potential in helping to bring a brighter future”. She hopes that this conference will further inspire all to reach greater heights in the future. For its part, Cuba aspires to be a reliable partner to Malaysia in achieving its 2020 smart vision for biotechnology, scientific and technological civilization of the future.

She recall that during the recent outbreak of Ebola, scientific collaboration among the many countries was important to fight the disease in Sierra Leone, Liberia and Guinea. Cuba assisted in this fight against Ebola by sending a brigade of 256 doctors.

Associate Professor Dr Davinder Singh, Chairman of the organizing committee said the conference papers and discussions covered a few sub-themes ranging from topics such as tuberculosis, one health, nosocomial infections, vaccines to antibiotic resistance.

Associate Professor Dr Syed Rahim Syed Hamid, Dean of the Faculty of Medicine in his speech said the conference aims not only to showcase the presence of distinguished personnel of this field and their discourses, but also to facilitate exchange of research findings and ideas of those actively involved in research.

He added that infectious diseases are a global problem and a variety of pathogens have been threatening across borders. The world has become a global village and globalization has made it possible for people to meet unfamiliar pathogens or promote dissemination from one part of the world to the other.

The conference was organized by Universiti Kuala Lumpur Royal College of Medicine Faculty of Medicine in collaboration with Pedro Kouri Institute of Tropical Medicine Cuba and Pasteur Institute of Ho Chi Minh City, Vietnam. The three-day conference received overwhelming participation from local and foreign academicians, scientist researchers and the health industry.

Also present were Prof. Dato’ Dr. Mazliham Mohd Su’ud, President and CEO of UniKL; Prof. Dr. Shahrulniza Musa, Deputy President (Academic & Technology); Mr. Hisshamuddin Omar, Chief Executive Officer and Head of Campus UniKL RCMP and Dr Ahmad Fuad Shamsuddin, Dean Faculty of Medicine and Health Sciences.
Kelab Kembara Kita (KKK) Conquers Gunung Siku

Oleh Syahidatul Akmar Safian

30 members of Kelab Kembara Kita (KKK) together with the advisor, Miss Syahidatul Akmar hiked up Gunung Siku which is situated at Cameron Highland, Pahang. There were guided by 3 professional during the expedition.

They started their journey from UniKL RCMP at 5am and performed Subuh prayers at Masjid Long Tan, Lojing, Kelantan before starting to hike at 8am. Even though the trail was difficult, they were rewarded with fresh air and picturesque moss gardens along the trail. Parts of the trails were so beautiful and looked like a magical fairyland where the trees were coated with green moss.

We reached the summit of 1,916m above the sea level at 1100am and had our packed lunch at the top of Gunung Siku. After resting for a while, we descended and all of us reached the starting point at 2.30 pm. We were brought to the mosque again to freshen up and perform Zuhur prayers. Before our journey back to UniKL RCMP, we stopped at the “Last Stop Centre” to buy strawberries, ice-cream and souvenirs.

According to the project manager, Ahmad Ruzaini B. Jalani from Diploma Pharmacy semester 2, the event was an opportunity for the participants to release stress and also instill the spirit of teamwork among them. Most of the participants agreed that hiking is good activity not only for health but also for the soul.
White water rafting and Gua Tempurung
Oleh Syahidatul Akmar Safian

White water rafting and potholing activities were organized by Kelab Kembara Kita or KKK with a great collaboration from KREMSI club from UniKL MSI, Kulim. These activities were conducted on 21 and 22 April 2019 at Gopeng, Perak. 25 RCMP students, 25 MSI students, Miss Syahidatul Akmar Safian, staff from RCMP and Mr. Muhammad Megat, staff from MSI involved in this program.

We were reached Dimal Chalet at 12.30pm and were placed in several dorms and houses. After lunch and Zuhur prayers, we had a briefing regarding the safety aspect of water rafting activity before we were brought to the starting point in two lorries. We started our activity with a water confidence session before being assigned to our own groups together with our professional river guide and his boat.

Before starting, we were briefed again regarding safety including the paddling commands, paddling skills, capsize drills, actions when overboard or river rescue with the practical session as well. We were so excited but at the same time, we were anxious since most of us never had any rafting experience before. The fun began about 3pm and we could feel our adrenaline rush throughout this 2.5 hours ride. Along the river, we had the thrills of tackling exciting rapids and floating down the clear water amidst the lush rainforest. We rode the rapids down the river, passing by some old tin mines and some of us also got the experience of body-rafting! Then we went back to Dimal Chalet and cleaned up ourselves and waited for our dinner. After dinner, we had a ‘survivor knot session’ which is very crucial for those who always join extreme activities such as hiking. We learned a lot of survivor knot techniques and had a competition for this session.

The next day, we checked out from Dimal Chalet after breakfast. We were brought to the entrance of Gua Tempurung for level 3 caving activity. Before the start, the safety briefing was given by the staff there and we were provided with helmets. We started our journey through a concrete path up and down stairs. After 30 minutes of exploring, comes the adventure time! There was an adrenaline pumping moment when we had to slide down to the next level. Even though it was just a couple meters, it was challenging since there was no chance of reclaiming your grip and we were scared that our friends couldn’t catch us. Fortunately, we were safe and we continued with shimming through small gaps, crawling through the river, jumping over gaps in the path and sliding on our bums up and down. After 3.5 hours of intense sweating and maneuvering our body like a pretzel, we exited the cave. All of us really got wet and got in touch with nature once more!

We learned a lot from this activity especially regarding teamwork, leadership skills, communication skills and handling tense situations. Besides that, we also met new friends from MSI who have the same interest as us. It was such a great team work.
Choose Well, Eat Well and Live Well

By Azyan Fadhlin Azmi

121 Diploma in Nursing Semester 2 students took part in a Nutritional and Wellness Day with the theme “Choose Well, Eat Well and Live Well”. The main objective of the event was to highlight choosing the right diet to meet nutritional needs and eating well for a healthy life. This event was organized as part of the requirement for Nutrition subject (RND12002).

Assoc. Prof. Dr. Syed Rahim Bin Syed Hamid, Dean, Faculty of Medicine officiated the opening ceremony. He congratulated the students for a well-organized event. The event was led by Nur Fariesya Arfiera Muhammad Fairuz.

The students were divided into 10 groups of 10-12 students each. The groups were then given time to work as a team to do the preparation of materials and activities for the exhibition. 10 booths on nutritional needs related to common 5 Non-Communicable diseases including Hypertension, Diabetic, Coronary Heart Disease, Cancer and Osteoporosis were exhibited.

Almost 200 participants mainly staff and students of UniKL RCMP visited the booths and they were briefed with related diet information and took part in various fun-filled activities. Some booths also prepared delicious healthy food samples related to their exhibition topic. The activities included creative games, quizzes, BMI calculation, blood pressure checking, and blood glucose checking.

Smile for Ramadhan 2019

Oleh Zahaimi Abdullah Sani


Selain itu sukarelawan UniKL RCMP turut menjiwai beberapa buah rumah warga emas yang mengalami komplikasi stroke serta kesukaran untuk berjalan.

Sukarelawan yang turut membantu adalah Aziza Wati, Siti Rohanum, Muhammad Ghazali, Shaharul Afendi, Fazliana, NormaSafaziana & Syahidatul Akmar.
Karnival Institusi Pendidikan MARA 2019


Expo TVET@KPLB 2019

Kementerian Luar Bandar dan Wilayah telah menganjurkan Expo TVET@KPLB 2019 bertempat di UniKL RCMP. Expo telah berlangsung daripada 12 hingga 14 April 2019 dan telah dirasmikan oleh YB Datuk Seri Rina Mohd Harun, Menteri Pembangunan Luar Bandar.
PROGRAMMES

FOUNDATION
May Intake
Foundation in Medical Sciences
JPT/BPP/N/010/3/0472/01/23, MQA PA8616

DIPLOMA
January & July Intake
Diploma in Nursing
JPT/BPP (R/2723/4/0070) 10/23, MQA FA 8735

Diploma in Pharmacy
JPT/BPP (R7271/4/0055) 06/19, MQA A 10343

Diploma in Medical Imaging
JPT/BPP (R/725/4/0064) 10/20, MQA A 6128

Diploma in Physiotherapy
JPT/BPP (R/726/4/0050) 12/19, MQA A 9309

BACHELOR
September Intake
Bachelor of Medicine and Bachelor of Surgery (MBBS)
JPT/BPP (R/2/721/6/0016) 03/22, MQA FA 4105

Bachelor of Pharmacy (Honours)
JPT/BPP (N/727/6/0037) 08/25, MQA FA 0140

Bachelor of Science (Honours) in Pharmaceutical Technology
JPT/BPP (N/727/6/0082) 03/22, MQA PA 5345

Bachelor of Nursing Science (Honours)
JPT/BPP (N/723/6/0192) 04/26, MQA /PA 11374

POSTGRADUATE
January - December Intake
Doctor of Philosophy Medical Science (By Research)
JPT/BPP (N/720/8/0083) 07/20, MQA PA 6031

Doctor of Philosophy Pharmacy (By Research)
JPT/BPP (N/727/8/0098) 07/25, MQA PA 10079

Doctor of Public Health
JPT/BPP (N/721/8/0075) 04/23, MQA/PA 4027

Master of Public Health
JPT/BPP/N/720/7/0017) 05/23 MQA PA 4026

Master of Science in Public Health
JPT/BPP (N/720/7/0092) 12/20 MQA/PA 4025

Master of Medical Science (By Research)
JPT/BPP (N/720/7/0041) 06/23 MQA FA 3028

Master of Pharmacy (By Research)
JPT/BPP (N/727/7/0059) 11/19, MQA/PA 5235

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